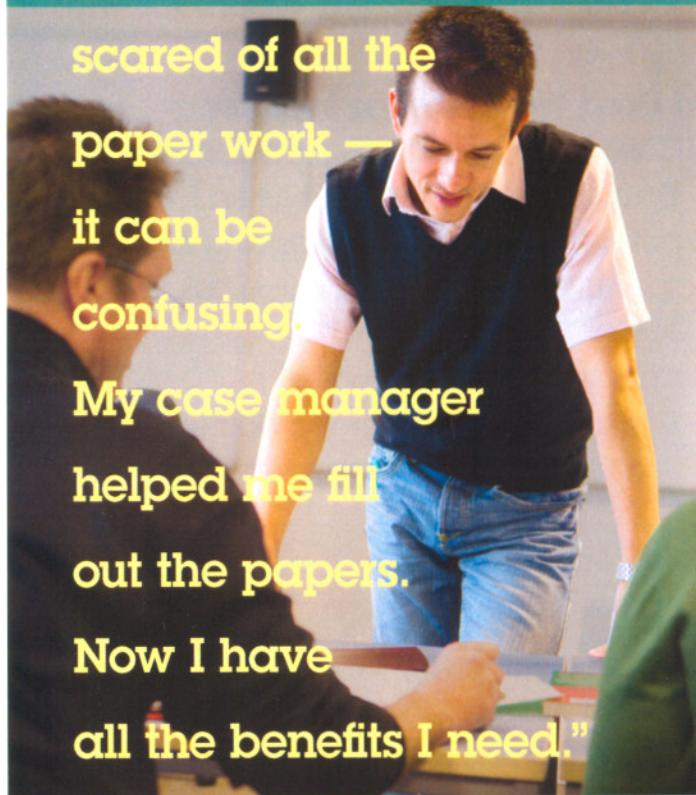


"There are a lot of free services for Mainers who have HIV. I was scared of all the paper work — it can be confusing. My case manager helped me fill out the papers. Now I have all the benefits I need."



Medical + Other Benefits

- Health Insurance
- Prescription Coverage
- Housing Assistance
- Food Assistance
- HIV Specialist
- Lab Tests
- Dentist
- Nutritionist
- Psychologist
- Primary Care Doctor

We're Close to Home :

For a List of All Providers

Call Us:

207-287-3747 or 1-800-821-5821

Visit Us on the Web:

www.PositiveME.org



John E. Baldacci, Governor

Brenda M. Harvey, Commissioner

The Department of Health and Human Services (DHHS) does not discriminate on the basis of disability, race, color, creed, gender, age, sexual orientation, or national origin, in admission to, access to or operation of its programs, services, activities or its hiring or employment practices. This notice is provided as required by Title II of the Americans with Disabilities Act of 1990 and in accordance with the Civil Rights Acts of 1964 as amended, Section 504 of the Rehabilitation Act of 1973 as amended, the Age Discrimination Act of 1975, Title IX of the Education Amendments of 1972 and the Maine Human Rights Act. Questions, concerns, complaints, or requests for additional information regarding civil rights may be forwarded to the DHHS' ADA Compliance/EEO Coordinator, State House Station #11, Augusta, Maine 04333, 207- 287-4289 (V) or 207-287 3488 (V), TTY: 800-606-0215. Individuals who need auxiliary aids for effective communication in programs and services of DHHS are invited to make their needs and preferences known to the ADA Compliance/EEO Coordinator. This notice is available in alternate formats, upon request.

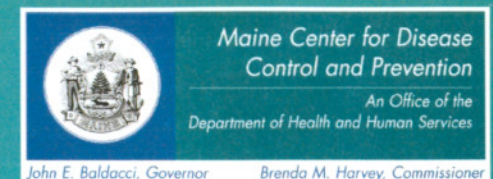
*Caring...Responsive...Well-Managed
We Are DHHS.*

GETTING ALL YOUR BENEFITS

Case Management: Living Better with HIV



A Program for **HIV Positive** People in Maine



John E. Baldacci, Governor

Brenda M. Harvey, Commissioner

**"When I first got HIV,
I let things in my
life slide.**

**My case manager
helped me get**

back on track.

**Now I feel safe
and secure.**

**I'm even going
back to work!"**

Support Services

- Housing
- Food
- Finances
- Substance Abuse
- Return to School or Work
- Peer Support
- Social Gatherings

Confidential.

What is Case Management?

Case Management helps you be you.

A case manager will help you:

- Identify things you need
 - Find places to get what you need
- Your case manager can help you get back on your feet, and can be there for as long as you need

Am I Eligible for Case Management?

If you:

- Live in Maine, and
- Have HIV

You can get case management for free.

Do I Need To Pay?

No! Case Management is free to any Mainer who has HIV.

Your case manager may even help you:

- Find benefits to help your income
- Free services to help you live

Call 287-3747.

**Case Management can
work for you!**



"Case management works for me."

I Don't Want Anyone to Know.

Case management is confidential. Your case manager will listen to you in private. Your case manager will only speak to other people if you ask them to.

I Already Have a Doctor.

A case manager is not a doctor. But, your case manager can help you:

- find a doctor
- talk to your doctor
- stay on track

Your case manager works for you.

I Don't Have Time.

Case management doesn't take a lot of time, but it is a commitment. You will:

- meet face-to-face once per year to get paperwork out of the way, and
- talk on the phone every three months to stay connected.

But, the door can be open to you as much as you need us.

Your privacy is respected